

Catholic Prayers & Resources

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

Prayer Before Meal

Bless us, O Lord, and these Your gifts, which we are about to receive from Your bounty, through Christ, Our Lord. Amen

Hail Mary

Hail Mary, full of grace! The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Prayer to Guardian Angel

Angel of God, my guardian dear, To whom God's love commits me here; Ever this day be at my side, To light and guard, to rule and guide. Amen.

Lord's Prayer / Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Act of Contrition

Oh My God, I have sinned, I am sorry, please forgive me. I disobeyed you and hurt others. I know you love me, I want to love you more. With Jesus' help I will try to make up for all my sins, and stay away from all that leads me to sin. Amen

The Nicene Creed

We believe in one God, The Father, the Almighty, maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ The only Son of God eternally begotten of the Father, God from God, Light from Light, True God from true God, begotten, not made, one in being with the Father. Through him all things are made. For us men and our salvation He came down from heaven: by the power of the Holy Spirit He was born of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate; He suffered, died and was buried. On the third day He rose again in fulfillment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, And His kingdom will have no end, We believe in the Holy Spirit the Lord, the giver of life, who proceeds from the Father and the Son. with the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism For the forgiveness of sins. We look for the resurrection of the dead, And the life of the world to come. Amen

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Act of Faith

O my God, I firmly believe that Thou art one God in three Divine Persons, Father, Son and Holy Ghost; I believe that Thy divine Son became man, and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, who canst neither deceive nor be deceived.

Act of Hope

O my God, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

Act of Love

O my God, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

Gloria

Glory to God in the Highest and peace to His people on earth. Lord God, heavenly King, Almighty God and Father; we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, Only Son of the Father. Lord God, lamb of God you take away the sin of the world, have mercy on us; you are seated at the right hand of the Father, receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High Jesus Christ, With the Holy Spirit in the glory of God the Father. Amen.

Prayer of St. Francis

Lord, make me a channel of thy peace, that where there is hatred, I may bring love; that where there is wrong, I may bring the spirit of forgiveness; that where there is discord, I may bring harmony; that where there is error, I may bring truth; that where there is doubt, I may bring faith; that where there is despair, I may bring hope; that where there are shadows, I may bring light; that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort than to be comforted; to understand, than to be understood; to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life.

Hail Holy Queen

Hail holy Queen, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

10 Commandments

1. I, am the Lord your God... You shall not have other gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember the Sabbath and keep it holy.
4. Honor thy Mother and Father.
5. Thou shalt not kill.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against your neighbor.
9. Thou shalt not covet thy neighbor's wife.
10. Thou shalt not covet thy neighbor's house...nor anything else that belongs to him.

Beatitudes

1. Blessed are the poor in spirit: for theirs is the kingdom of heaven.
2. Blessed are the meek: for they shall possess the land.
3. Blessed are they who mourn: for they shall be comforted.
4. Blessed are they that hunger and thirst after justice: for they shall have their fill.
5. Blessed are the merciful: for they shall obtain mercy.
6. Blessed are the clean of heart: for they shall see God.
7. Blessed are the peacemakers: for they shall be called the children of God.
8. Blessed are they that suffer persecution for justice sake, for theirs is the kingdom of heaven.

Come, Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your divine love.

Verse: *Send forth your Spirit and they shall be created.*

Response: *And You shall renew the face of the Earth*

Let us pray.

O God, who by the light of the Holy Spirit, did instruct the hearts of your faithful, grant that by that same Holy Spirit, we may be truly wise, and ever rejoice in consolation. Through Christ our Lord. Amen

Gifts of the Holy Spirit (According to Isaiah 11:)

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Reverence
7. Wonder & Awe

Fruits of the Holy Spirit

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| 1. Charity | 7. Generosity |
| 2. Joy | 8. Gentleness |
| 3. Peace | 9. Faithfulness |
| 4. Patience | 10. Modesty |
| 5. Kindness | 11. Self-Control |
| 6. Goodness | 12. Chastity |

Books of the New Testament

The Gospels: Matthew, Mark, Luke, John

The Acts of the Apostles *The New Testament Letters:* Romans, First Corinthians, Second Corinthians, Galatians, Ephesians, Philippians, Colossians, First Thessalonians, Second Thessalonians, First Timothy, Second Timothy, Titus, Philemon, Hebrews.

The Catholic Letters: James, First Peter, Second Peter, First John, Second John, Third John, Jude, Revelations